

Ultimate Coconut-Free Product Guide

A comprehensive list of personal care and household products that are completely **free of coconut and coconut-derived ingredients**, as well as common allergens like nut oils, soy, and gluten. Includes both U.S. and international options.

Shampoo

1. Country Rose Natural Castile Shampoo (Unscented)

- Ingredients: Saponified olive and castor oils, quinoa protein, water
- Notes: Explicitly labeled *"Coconut Oil Free"*
- Link: countryrosecastile.com

2. Uncle Harry's Orange & Tea Tree Soapless Shampoo

- Ingredients: Organic soapnut, purified water, essential oils
- Notes: Uses soapnut (not coconut); free of SLS, parabens, fragrance
- Link: uncleharrys.com

3. Clean Kids Naturally Tropical Orange Burst Shampoo

- Notes: EWG Verified, coconut-free, all-natural, gluten-free
 - Link: [Amazon](https://www.amazon.com)
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Body Wash / Soap

Bar Soaps

1. Kiss My Face Pure Olive Oil Bar Soap

- Ingredients: Sodium olivate, water, sea salt
- Notes: No coconut, palm, or SLS; safe for sensitive skin
- Link: kissmyface.com

2. Papoutsanis Traditional Olive Oil Soap

- Notes: 100% olive oil; no added oils or fragrance

- Link: Available on Amazon or Parthenon Foods

3. Olivella 100% Virgin Olive Oil Soap (Fragrance-Free)

- Notes: Vegan, hypoallergenic, coconut/nut/soy/gluten free
- Link: Olivella or Amazon

4. Grandma's Pure Lye Soap

- Ingredients: Food-grade lard, water, lye
- Link: Grandma's Lye Soap site or Amazon

5. Etti Real Castile Bar Soap

- Ingredients: Olive oil, sodium lactate, water, sodium hydroxide
- Link: ettisoap.com

Liquid Soaps

1. Nature Sustained Organic Soapberry Body Wash

- Ingredients: Soapnut, amla, elecampane
- Notes: No coconut oil or SLS; pH-balanced
- Link: naturesustained.com

2. Ceela Naturals Gentle Nourishing Body Wash

- Notes: Coconut/nut/soy/gluten free
- Link: ceelanaturals.com

3. Simple Naked Goat Milk Castile Body Wash

- Ingredients: Goat milk, olive oil, castor oil
- Region: New Zealand, international shipping

4. Terressentials Organic Baby Wash

- Ingredients: Olive-oil castile soap, aloe, jojoba, calendula, essential oils
- Link: terressentials.com

5. Willow Creek Apothecary Cleansing Body Wash

- Notes: Coconut/nut/soy/gluten free
 - Link: willowcreekbydk.com
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Lotions, Creams & Balms

1. Chagrin Valley Baby Me! Unscented Bath & Body Oil

- Ingredients: Organic sunflower, jojoba, calendula
- Link: chagrinvalleysoapandsalve.com

2. 100% Pure Blood Orange Nourishing Body Cream

- Notes: Aloe, cocoa butter, grapeseed, rosehip oils
- Link: 100percentpure.com

3. Garden of Wisdom Neem Leaf Antibacterial Cream

- Notes: Manuka honey, neem oil, sugarmulse
- Link: gardenofwisdom.com

4. Badger Zinc Oxide Diaper Cream

- Notes: Calendula, sunflower oil, beeswax, no coconut
- Link: badgerbalm.com

5. Country Rose Castile Chamomile & Rose Moisturizing Cream

- Notes: Olive oil base, no nut oils
- Link: countryrosecastile.com

6. Living Libations Seabuckthorn All Over Lotion

- Notes: Jojoba, tamanu, aloe, essential oils
- Link: livinglibations.com

Laundry Detergent

1. Molly's Suds Original Laundry Detergent Powder

- Ingredients: Sodium carbonate, sodium bicarbonate, magnesium sulfate, sea salt
- Link: Amazon

2. Cadron Creek All-Natural Laundry Powder

- Notes: Olive-oil castile base; no coconut/palm oils
- Link: cadroncreeksoapworks.com

3. Pure Soapnut (Reetha) Powder

- Use: DIY liquid detergent
 - Link: [Available on Amazon]
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Dish Soap

1. Allen's Naturally Liquid Dish Soap (Unscented)

- Ingredients: Water, linear alkylaryl sulfonate, sodium chloride
- Link: allensnaturally.com

2. Olive My Skin Solid Castile Dish Soap

- Ingredients: 100% olive oil, water, lye
 - Link: olivemyskin.com
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Household Cleaners

Bon Ami Powder Cleanser

- Ingredients: Limestone, feldspar, soda ash, baking soda
- Link: bonami.com

DIY Cleaners

- Ingredients: Vinegar, baking soda, grated olive-oil soap
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Aloe Vera Gels (Coconut-Free)

1. Aloderma Pure Aloe Vera Gel (300g)

- 99% aloe, no coconut
- Link: aloderma.com

2. Seven Minerals Organic Aloe Vera Gel

- Seaweed-based thickener
- Link: retrosmarket.com

3. Amara Organics Aloe Vera Gel

- USDA certified, coconut-free
- Link: amarabeauty.com

4. Fruit of the Earth 100% Aloe Vera Gel

- No alcohol, colors, or coconut
- Link: [Available on Amazon]

5. Lily of the Desert Aloe Vera Gelly

- No parabens or artificial colors
- Link: [Amazon / natural product sites]

Summary

These products were selected based on:

- Verified **absence of coconut and derivatives**
- Free of **common allergens**: nut oils, soy, gluten
- Essential-oil based (if scented), **no synthetic fragrance**
- U.S. and international options

Tip: Always patch test new products and confirm with the brand if you have a severe allergy.